

## The Icelandic Red Cross

The Icelandic Red Cross is a voluntary movement with 19 thousand members and 2.000 active volunteers operating through 50 regional divisions in Iceland.

Volunteers and employees provide refugees with assistance, they teach first-aid courses, assist suffering individuals, collect clothing for emergency aid, work with children and youths and play a leading role in emergency prevention programmes. They also perform innumerable other works to bring relief and prevent suffering.

Every year the international relief work of the Icelandic Red Cross reaches out to thousands of victims of natural catastrophes, conflict and destitution all over the world.

Would you like to take part?

You can support the humanitarian work of the Red Cross as a member, volunteer or support partner by visiting the Icelandic Red Cross website at [www.redcross.is/immigrants](http://www.redcross.is/immigrants) or call phone number 570 4000.

# Join our programmes

> Immigrants





Do you want to participate?

### Programmes

#### Home Visiting Programme

The goal of the Home Visiting Programme is to visit people who are socially isolated and to offer them friendship, comfort and warmth.

#### Information Centres

The Akranes branch and the Fjarðabyggð branches of the Red Cross operate information centres offering a variety of services.

- The Information Centre in Akranes is located at **Pjóðbraut 11, Akranes**
- The Information Centre in Fjarðabyggð is located at **Hafnargata 2, Reyðarfjörður**

#### Open house – Red Cross in Blönduós

The open house can be an opportunity for people to meet, introduce their cultures and participate in a variety of activities together in the north-west area of the country.

### For Women

#### Mentoring Project – mentor is the way!

The aim of this project is to build a constructive and positive relationship between female immigrants and Icelandic women who are able to exchange information and knowledge on equal grounds.

### For Children

#### Companion tutor of immigrant children

The project is designed for children of 4 to 16 years of age who live with immigrant parent/parents. The aim of this project is to encourage the social participation of these children as well as their involvement in activities with Icelandic families.

#### Homework assistance

The purpose of this project is to help immigrant children with their homework and to master Icelandic language skills.

#### Child and youth programmes

The main goal of the child and youth programmes is to promote the principles of the Red Cross and introduce Red Cross activities.

### For Parents

This is a forum for parents of all nationalities, who are at home with young children of ages 0-6 years.

**International parents** meet at the Kopavogur branch of the Red Cross.

**Parent mornings** take place in Egilstaðir.

#### Open house for parents in Borgarnes

Information sessions are organized for immigrant parents about different topics relating to children. These sessions are a great opportunity to meet others, share ideas and concerns.



Would you like to be a volunteer?

- Become a first aid instructor
- Answer calls made to the Red Cross Helpline - 1717
- Visit prisoners, the ill, the elderly, asylum seekers and others who ask for home visits
- Become a child and youth programme instructor
- Make clothes for infants and young children
- Become a volunteer at one of the Red Cross shelters for the mentally ill
- Become a volunteer at “Konukot”, the Red Cross shelter for homeless women

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